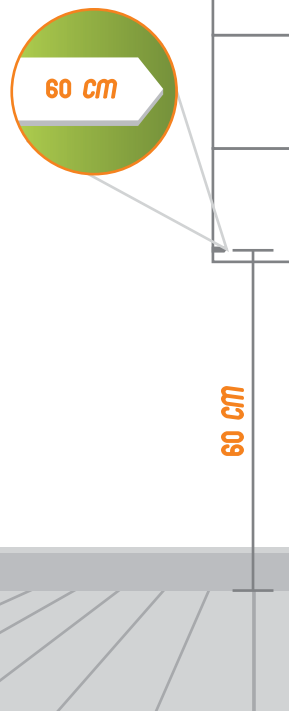


Now that you've downloaded your Mad Growth Chart, all you need to do is to print it out and put it up the wall!

Here's how:

1. The Mad Growth Chart consists of 4 x A4 pages. Make sure when you print that you DON'T select the "Fit to Page" option
2. Once done printing, select the wall you want to put it up against.
3. Measure 60 cm from the ground up, align the first page accordingly and stick the page using Prestik or Tape
4. Place the remaining pages' bottom edge, against the previous page's top edge



mad growth chart instructions



80 cm

70 cm

60 cm

mad growth chart



110 cm

100 cm

90 cm



140 cm

130 cm

120 cm



170 cm

160 cm

150 cm





Keep track of your growth with these fun markers!
Choose one, cut it out and write your name on it.

